



Gratitude Journal

This month on the podcast, we are talking about gratitude, affirmations and prayer. For 21 days, think of 3 NEW things you are grateful for each day.

DATE:

I AM GRATEFUL FOR:

"I choose to live with gratitude, for the love that fills my heart, the peace that rests within my soul and the voice of hope says that all things are possible."



DATE:

I AM GRATEFUL FOR:



DATE:

I AM GRATEFUL FOR: